



Brimham Blast, Summerbridge

Introduction

Although this route is short it should not be underestimated. It starts with a warm up on the road gently climbing towards the first of the off-road sections. However after this it becomes an intense ride with spectacular views and challenging uphill and downhill sections on rough bridleways.

The Route

1. Turn left out of New York Mills and follow the main road through the villages. After the cross roads at Glasshouses take the next right on a bend, signposted for Fountain's Abbey.
2. After 200 metres turn left onto a bridleway signed for the Nidderdale Way and when it forks take the right hand track.
3. At the end turn left and then take the next bridleway on the left. Keep left when the route divides and retrace your path back to the road.
4. Turn left and shortly after take the first bridleway on the right signed for the Nidderdale Way. Follow the bridleway, crossing over a small stream and turn left on rejoining the road.
5. Turn right onto the main road and at a post box turn right onto another bridleway, keeping in as straight a line as possible and enjoy the descent.
6. At the bottom and on rejoining the road go left and after a short downhill continue uphill until you get to a crossroads.
7. Turn left and then take a bridleway on the left 300 metres further on and prepare for a challenging descent.
8. Turn left at the road and after about 500 metres of uphill turn right towards Braisty Woods. Keep to the bridleway heading downhill and be prepared to brake before you reach the main road. Turn right and then take the next left back to New York Mills.



Distance

15 km
(9 miles)

Ascent

330 metres

Grade

Difficult

Map

OS Explorer 298: Nidderdale

Starting Point

Summerbridge (Grid Ref: SE 197629). A small amount of car parking is available at Stif at New York Mills (HG3 4LA). Please check with the shop that where you have parked is their property.

Useful Information

- Toilets: Dacre (1 mile) and Pateley Bridge (3.5 miles).
- Pubs and cafes: Summerbridge and Pateley Bridge.
- Train station: Harrogate (approx 11 miles).
- Bus: Transdev Harrogate & District 24 service.

